|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Group 1**  (page 1 of 2) |  |  |  |  |
| Vitamin D |  | Vitamin D |  | Vitamin D |
| Vitamin D |  | Vitamin D |  | Vitamin D |
| Vitamin D |  | Vitamin D |  | Vitamin D |
| Vitamin D |  | Vitamin D |  | Vitamin D |
| Vitamin D |  | Vitamin D |  | Vitamin D |
|  |  |  |  |  |
| Iron |  | Iron |  | Iron |
| Iron |  | Iron |  | Iron |
| Iron |  | Iron |  | Iron |
| **Group 1**  (page 2 of 2) |  |  |  |  |
| Iron |  | Iron |  | Iron |
| Iron |  | Iron |  | Iron |
|  |  |  |  |  |
| Protein |  | Protein |  | Protein |
| Protein |  | Protein |  | Protein |
| Protein |  | Protein |  | Protein |
| Protein |  | Protein |  | Protein |
| Protein |  | Protein |  | Protein |
|  |  |  |  |  |
| **Group 2**  (page 1 of 2) |  |  |  |  |
| Vitamin K |  | Vitamin K |  | Vitamin K |
| Vitamin K |  | Vitamin K |  | Vitamin K |
| Vitamin K |  | Vitamin K |  | Vitamin K |
| Vitamin K |  | Vitamin K |  | Vitamin K |
| Vitamin K |  | Vitamin K |  | Vitamin K |
|  |  |  |  |  |
| Magnesium |  | Magnesium |  | Magnesium |
| Magnesium |  | Magnesium |  | Magnesium |
| Magnesium |  | Magnesium |  | Magnesium |
| **Group 2**  (page 2 of 2) |  |  |  |  |
| Magnesium |  | Magnesium |  | Magnesium |
| Magnesium |  | Magnesium |  | Magnesium |
|  |  |  |  |  |
| Fats and Oils |  | Fats and Oils |  | Fats and Oils |
| Fats and Oils |  | Fats and Oils |  | Fats and Oils |
| Fats and Oils |  | Fats and Oils |  | Fats and Oils |
| Fats and Oils |  | Fats and Oils |  | Fats and Oils |
| Fats and Oils |  | Fats and Oils |  | Fats and Oils |
|  |  |  |  |  |
| **Group 3**  (page 1 of 2) |  |  |  |  |
| Vitamin E |  | Vitamin E |  | Vitamin E |
| Vitamin E |  | Vitamin E |  | Vitamin E |
| Vitamin E |  | Vitamin E |  | Vitamin E |
| Vitamin E |  | Vitamin E |  | Vitamin E |
| Vitamin E |  | Vitamin E |  | Vitamin E |
|  |  |  |  |  |
| Potassium |  | Potassium |  | Potassium |
| Potassium |  | Potassium |  | Potassium |
| Potassium |  | Potassium |  | Potassium |
| **Group 3**  (page 2 of 2) |  |  |  |  |
| Potassium |  | Potassium |  | Potassium |
| Potassium |  | Potassium |  | Potassium |
|  |  |  |  |  |
| Carbohydrates |  | Carbohydrates |  | Carbohydrates |
| Carbohydrates |  | Carbohydrates |  | Carbohydrates |
| Carbohydrates |  | Carbohydrates |  | Carbohydrates |
| Carbohydrates |  | Carbohydrates |  | Carbohydrates |
| Carbohydrates |  | Carbohydrates |  | Carbohydrates |
|  |  |  |  |  |
| **Group 4**  (page 1 of 2) |  |  |  |  |
| Calcium |  | Calcium |  | Calcium |
| Calcium |  | Calcium |  | Calcium |
| Calcium |  | Calcium |  | Calcium |
| Calcium |  | Calcium |  | Calcium |
| Calcium |  | Calcium |  | Calcium |
|  |  |  |  |  |
| Vitamin A |  | Vitamin A |  | Vitamin A |
| Vitamin A |  | Vitamin A |  | Vitamin A |
| Vitamin A |  | Vitamin A |  | Vitamin A |
| **Group 4**  (page 2 of 2) |  |  |  |  |
| Vitamin A |  | Vitamin A |  | Vitamin A |
| Vitamin A |  | Vitamin A |  | Vitamin A |
|  |  |  |  |  |
| Vitamin B12 |  | Vitamin B12 |  | Vitamin B12 |
| Vitamin B12 |  | Vitamin B12 |  | Vitamin B12 |
| Vitamin B12 |  | Vitamin B12 |  | Vitamin B12 |
| Vitamin B12 |  | Vitamin B12 |  | Vitamin B12 |
| Vitamin B12 |  | Vitamin B12 |  | Vitamin B12 |
|  |  |  |  |  |
| **Group 5**  (page 1 of 2) |  |  |  |  |
| Vitamin B6 |  | Vitamin B6 |  | Vitamin B6 |
| Vitamin B6 |  | Vitamin B6 |  | Vitamin B6 |
| Vitamin B6 |  | Vitamin B6 |  | Vitamin B6 |
| Vitamin B6 |  | Vitamin B6 |  | Vitamin B6 |
| Vitamin B6 |  | Vitamin B6 |  | Vitamin B6 |
|  |  |  |  |  |
| Vitamin C |  | Vitamin C |  | Vitamin C |
| Vitamin C |  | Vitamin C |  | Vitamin C |
| Vitamin C |  | Vitamin C |  | Vitamin C |
| **Group 5**  (page 2 of 2) |  |  |  |  |
| Vitamin C |  | Vitamin C |  | Vitamin C |
| Vitamin C |  | Vitamin C |  | Vitamin C |
|  |  |  |  |  |
| Zinc |  | Zinc |  | Zinc |
| Zinc |  | Zinc |  | Zinc |
| Zinc |  | Zinc |  | Zinc |
| Zinc |  | Zinc |  | Zinc |
| Zinc |  | Zinc |  | Zinc |