Serving Vegetarian Meals in School Nutrition Programs Webinar

Resources Available on the Web

***Web Sites:***

1. Food and Nutrition Information Center, Vegetarian Nutrition: <https://fnic.nal.usda.gov/lifecycle-nutrition/vegetarian-nutrition>

1. Meatless Monday, K–2:

<http://www.meatlessmonday.com/meatless-monday-k-12/>

1. The Humane Society: Our Favorite Recipes, <http://www.humanesociety.org/issues/eating/recipes/recipes.html>

* *Powering Up With Plant-Strong Programs* Webinar, <https://attendee.gotowebinar.com/register/5603987936104456450>
* *Powering Up with Plant-Strong Menus and Marketing* Webinar, <https://attendee.gotowebinar.com/register/5068281681796192514>

1. Lean and Green Kids, Recipes and Resources: <http://www.leanandgreenkids.org/>
2. The Vegetarian Resource Group: <http://www.vrg.org/>
3. The Physicians Committee for Responsible Medicine: <http://www.pcrm.org/>
4. The Vegan Society: <http://www.vegansociety.com/>
5. United Soybean Board: <http://unitedsoybean.org/>
6. Soyfoods Association of North America: <http://www.soyfoods.org/>
7. American Heart Association: <http://www.heart.org/HEARTORG/GettingHealthy/NutritionCenter/Vegetarian-Diets_UCM_306032_Article.jsp#.VpqtU4-cF1s>
8. United States Department of Agriculture, Choose MyPlate Tips for Vegetarians:

<http://www.choosemyplate.gov/tips-vegetarians>

1. Bush’s Beans Foodservice K–12 Entrée Meal Ideas: <http://bushbeansfoodservice.com/segment/k-12/?utm_campaign=Print&utm_medium=vanity_URL&utm_source=kidslikebeansdotcom&utm_content=Kid_Friendly>

# CDE, Nutrition Services Division, Management Bulletin with Resources:

<http://www.cde.ca.gov/ls/nu/sn/mbnsdsnp172012.asp>